

# Saving Electricity



**Turn off the lights** every time you leave the room

**Use task lighting** instead of lighting the whole room, use a smaller light, like a desk lamp

## **Turn off your electronics**

Turn off your TV, your computer, and other electronics when not in use

## **Put your computer monitor to sleep**

Your computer monitor uses more energy than your hard drive, so if you don't want to shut down your computer, put the monitor to sleep

## **Unplug, Unplug, Unplug!**

Electronics can leech electricity from the outlets, even when not in use, so unplug your chargers when you're not using them

## **Do a nightly sweep**

Check everything before you go to bed to make sure you've turned off everything you can to avoid electricity use overnight

## **Efficient appliances**

If you have to replace something, try to make sure the product you're purchasing is EnergyStar rated

# Saving Water



**Don't let the water run** while brushing your teeth

**Take shorter showers** try using a timer to keep your showers short, or turn off the water when you're not using it during your shower

## **Report dripping faucets**

If your faucet is dripping at the rate of one drop per second, you can expect to waste 2,700 gallons per year

## **Avoid flushing unnecessarily**

Dispose of tissues, insects, and other such waste in the trash can rather than the toilet

**Use the minimum amount of water** needed when bathing by closing the drain first

## **Run a full load**

Operate clothes washers only when they are fully loaded or properly set the water level for the load size

## **Quick Rinse**

When washing dishes, fill one sink or basin with soapy water and quickly rinse under a slow stream from the faucet

## **Defrost food in the fridge**

Do not use running water to thaw meat or other frozen foods; instead, defrost overnight in the fridge or use the defrost setting on your microwave

# Saving Gas



**Reduce temperature** at night and when the house is unoccupied

**Check furnace filters** once a month to clean and change as needed

## **Use the sun**

Keep draperies and shades open on your southern-facing wall during the day to allow sunlight to enter

**Close the drapes at night** to help reduce chill and insulate the windows

## **Use ventilating fans in the kitchen and bath**

wisely, because in just one hour, the fans can pull out a houseful of heated air

## **Keep your vents open and clean**

Make sure supply and return vents are not dirty or obstructed by furniture, appliances, or other objects so that air can flow freely

**Close unoccupied rooms** that are isolated and/or not in use to conserve heat

**Dress in layers** before turning up the heat, try adding a layer or using a blanket to stay warm

# Why is saving energy important?

## Saving energy is good for the environment

- Our planet has limited resources, and it's important to conserve those resource for our children and future generations

## Saving energy makes us healthier

- Reducing energy use helps reduce pollution and carbon in the atmosphere, which makes breathing easier and all of us healthier

## Saving energy is good for our country

- By reducing the energy we use, we also can help reduce our dependence on foreign oil, which makes our country and the economy stronger

## Saving energy creates a better place to live

- The bottom line is that saving energy makes our lives and our neighborhoods better places to live for us and our families



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# Tips on Saving Energy in your home

